Delivering Excellence in Kidney Health

An overview of our ambitions
Kidney Health: Delivering Excellence was developed by kidney charities working together
Awareness

People - both healthcare professionals and the general public - understand the factors that increase the risk of kidney disease, and action is taken to reduce these risks.
Identification

All people with kidney disease are correctly identified and monitored.
Self-management

All people with kidney disease are offered as much information as they would like in order to understand and manage their condition.
Person-centred care

Care is centred on the person, taking into account individual needs and preferences, quality of life, symptom burden and the presence of co-existing medical conditions.
Acute Kidney Injury

Avoidable harm related to acute kidney injury is prevented in all care settings.
Preparation and Choice

All people approaching end-stage renal disease, or moving from one type of treatment for end-stage renal disease to another, understand and are given sufficient time and support to prepare for a treatment that is suitable for them, chosen from the full range of options.
Equity in Transplantation

Listing for transplantation is based solely on clinical need and suitability, and is not influenced by ethnicity, socio-economic status, or where the potential transplant recipient lives.
Increasing Transplantation

The number of transplants, from both living and deceased donors, is increased such that all people likely to benefit from a transplant have the opportunity to receive one.
Living well with a transplant

A person who receives a transplant is enabled to manage their transplant and is supported to achieve the greatest possible benefit from it.
Dialysis care (including preparation for dialysis) continues to be commissioned as a specialised service, and is delivered by renal units with the capacity and workforce necessary for all patients to receive high quality dialysis using their chosen method.
Lifestyle on dialysis

People receive all of the information and education they require to engage fully in the planning and delivery of their dialysis, and are supported to minimise the detrimental impact of treatment on their lifestyle and to self-care if they wish.
Care for children and young people

All children and young people with chronic kidney disease have unrestricted access to a service specifically designed to meet their needs.
All people with kidney disease know about, and have access to, a specialist multi-professional team.
Rare diseases

All people with rare diseases affecting the kidney, and women with chronic kidney disease who are contemplating pregnancy, have unrestricted access to expert advice and care wherever they live and whenever it is needed.
Research

A research strategy for kidney disease is developed, supported by the funding required to design and conduct high quality studies, and used to further understanding of the mechanisms of disease and improve healthcare quality and outcomes.
Conservative care

All people who opt for conservative non-dialytic management of their kidney disease or choose to discontinue dialysis treatment are supported by a multi-professional team working closely together to ensure a smooth transition to palliative and end-of-life care.
To find and share KHDE

- [www.britishrenal.org](http://www.britishrenal.org)
- [www.britishkidney-pa.co.uk](http://www.britishkidney-pa.co.uk)

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