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P019 -Share HD: the Birmingham experience

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Introduction:

Share HD is a nationwide quality improvement initiative to promote shared care in centre-based dialysis patients. The aims of increasing access to shared care are to improve patient experience and outcome, and potentially also to promote home therapies. To date 600 patients in 12 dialysis centres have been recruited across the UK.

Our large tertiary referral unit offers haemodialysis to more than 1000 patients across the region, at 10 satellite units and in the acute hospital. Our dialysis provision is delivered by two private providers, one NHS subsidiary unit and a wholly NHS in-centre acute unit. We aimed to increase the opportunity to participate in shared care across our geographically and demographically diverse dialysis population.

Methods:

We initially selected 4 of our dialysis units to join the programme with a combined population of over 300 patients. We chose one unit each of the private providers, the NHS subsidiary unit and the NHS run acute unit to ensure a representative distribution of provision model across the project. We adopted a number of initiatives to make shared care accessible to those patients wishing to participate including: promotion of the benefits of shared care: patient partners/shared care champions: a designated shared care bay in the unit: inclusion of shared care in monthly QA agenda: training opportunities for dialysis staff: standardised monthly data collection to track progress.

Results:

Over a 4 month period, the number of patients performing 1-5 elements of shared care in their dialysis unit has increased from 117 to 251. 31 patients are currently performing more than 5 elements of dialysis care and 4 are self-caring.

Conclusions:

We plan to capitalise on these early successes and ultimately to change the ethos within our dialysis units to make shared care the norm rather than the exception. Over coming months we intend to increase the number of dialysis staff who are trained in shared care and to roll out the initiative to other dialysis units across our programme.