

P223

P223 -Does a review of non-attenders to transplant clinic followed by intervention, offer an opportunity to re-engage patients and identify factors that lead to non-attendance?

Joana Teles¹, Asia Imedi¹, Joanne Henry¹, Mark Harber¹

¹Royal Free Hospital, London, United Kingdom

Introduction: Non-attendance to kidney transplant clinic is often associated with poor medication compliance and worse graft outcomes, leading to poor patient outcomes and increased financial burden to the NHS. Review of non-attending patients in multi-disciplinary team meetings (MDTm) aims to re-establish patient care as well as gaining a better understanding of the factors underlying poor clinic attendance.

Method: Non attending patients were identified from a monthly audit that reviewed all transplant follow-ups. The MDTm created an action plan for each patient. The actions included: a) ringing patients, next-ok-kin or general practitioners when unable to get contact patient; b) contacting referring centres to confirming repatriation to local services; c) reviewing case records to confirm if patient was admitted or deceased.

Results: A single month audit identified 56 patients who have not attended transplant clinic for longer than 6 months. Eighteen patients (32.1 %) were transferred out (13 under referencing centre and 5 moved abroad), 3 patients (5.4%) were lost to follow up, despite multiple attempts to re-engage. After contact, 15 (26.8%) patients rebooked their follow up (reasons for non-attendance: 2 due to anxiety, 2 were medically unfit, 3 were abroad, 2 had professional commitments, and 6 unknown reason) and a further 5 patients (9%) had future appointments (4 unknown reason for non-attendance and 1 was medically unfit), 4 patients had died (7.1%) and 11 patients (19.6%) did not require any action (4 were Inpatients, 7 patients were reviewed recently). From the 56 patients a re-engagement in care was required in 23 (41%) patients and we were able to re-establish contact with 15 patients, representing an important re-engagement in 65.2% of these patients.

Discussion: Review of non-attendance at MDTm constitutes an opportunity to re-engage kidney transplant patients in their care. Our data suggest that the contributing factors for non-attendance were complex but contact enabled re-engagement. In almost a quarter of cases, the reason for non-attendance could not be identified and discussion at MDTm allowed re-contact with patients.

Limitations: Data presented was from a brief review of non-attendance. Further data is required to analyse the impact and cost effectiveness of MDTm discussion of non-attenders.